

The Urgency of Counseling Services by Applying Centhini Fiber in Forming the Wisdom Character of Prospective Counselors

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Abstract. *This research is based on conditions in the field and existing literature that the urgency of guidance and counseling (BK) services in the education of prospective counselors is increasingly relevant considering the challenges in forming wise character (wisdom) that counselors need. Wise character includes the ability to think reflectively, be empathetic, and make ethical decisions—traits that are indispensable in the counseling profession. One approach that can be applied to shape this character is to integrate local wisdom values, as found in Centhini Fiber. Centhini Fiber, as a Javanese literary work rich in moral teachings and life values, provides guidance on patience, self-control, introspection, and respect for differences, which is in line with the need for wise character in counselor education. This research aims to analyze the urgency and relevance of implementing values Centhini Fiber in counseling services as an effort to form wisdom character in prospective counselors. The method used is literature study to identify internal values Centhini Fiber which is in accordance with the principles of character education and counseling guidance. The results of the study show that the values in Centhini Fiber has great potential to shape the character of prospective counselors who are not only technically competent, but also have a strong ethical foundation. As well as Guidance and Counseling services that are integrated with values Centhini Fiber can be an effective alternative in forming counselors who are wise, empathetic and have high cultural sensitivity. This supports the creation of quality counseling services that are more meaningful and have a positive impact.*

Keywords: *Guidance and Counseling; Fiber Chentini; Wisdom; Counselor.*

INTRODUCTION

In the era of globalization, character education has become an important foundation in the world of education, especially for prospective counselors. Counselors who have the character of wisdom are expected to be able to accompany clients with empathy and wisdom. This clearly shows the importance of individual psychological and social development in which a counselor must have the character and attitude of wisdom in facing the challenges and complexities that exist in the process of implementing guidance and counseling services by applying the values of *Centhini Fiber* in BK services. The education of prospective counselors often focuses on theoretical and technical aspects, while aspects of wise character development have not received enough attention. In fact, wise character is very important in this profession because it is directly related to the counselor's ability to help clients understand and overcome their life problems in a deep and humane way (Rachmawati, 2021). So, with this condition, it is hoped that prospective counselors can develop reflective abilities, think critically, and have a deeper understanding of wisdom.

The wise characters that prospective counselors must have include the ability to think deeply, act ethically, and have empathy and self-control. In forming wise character (Wisdom) as a prospective counselor or profession that has responsibility. One approach that supports forming this character is by utilizing local wisdom through *Centhini Fiber*. *Centhini Fiber*, a classic Javanese literary work, is famous as an encyclopedia of life containing wise teachings, philosophy and cultural values that are relevant in social and spiritual life (Hartanto, 2020).

Serat *Centhini* is a work that not only contains religious values, but also contains teachings about human relationships with themselves, other people and their environment. These values include the importance of introspection, respect for differences, and awareness of actions that impact other people. Apart from that, the *centhini fiber* is also a source of local wisdom which provides guidance that emphasizes the values of patience, calm and wisdom in dealing with various life situations. This is in line with the educational needs of prospective counselors, who are required to be able to handle clients with empathy and wisdom. Apart from that, literary works are also rich in cultural and ethical values, *Centhini Fiber* contains life teachings that are in accordance with the principles of counseling guidance (BK) in forming wise individuals (Suparno, 2019).

Thus, this research aims to examine the urgency of integrating the values in Serat *Centhini* into Guidance and Counseling (BK) services as part of a character development program for prospective integrated counselors. In line with the opinion of Sunaryo, (2020) that this integration is expected to be an effective means of enriching prospective counselors' insight, increasing reflective abilities, and forming a strong wise character, so that prospective counselors can provide services of higher quality, high character and ethics and can strengthen aspects reflective and ethical in prospective counselors so that they are better prepared to provide counseling services.

METHODOLOGY

This research was carried out using methods **literature review** to analyze inner values *Centhini Fiber* and its relevance in the character education of prospective counselors. Literature studies aim to dig up in-depth information from written sources, including books, journal articles and related scientific works.

1. **Collection of Literature:** Collected literature includes original texts *Centhini Fiber*, articles about the application of local wisdom values in education, as well as academic works discussing the character education of prospective counselors. The main literature includes philosophical interpretations of *Centhini Fiber* which is related to the values of patience, wisdom and empathy (Prihatin, 2021).
2. **Content Analysis:** Content analysis is carried out by examining the main values in *Centhini Fiber* relevant to the character of prospective counselors, such as empathy, patience, calmness, and tolerance. This research uses thematic analysis techniques to identify themes related to wisdom values that can be applied in the context of counseling education (Andini, 2022).
3. **Relevance to Counselor Education:** After analyzing the main values in *Centhini Fiber*, a discussion was held regarding the application of these values in the counseling education curriculum. This literature review also discusses how these values can be inserted into learning materials and counseling practices for prospective counselors so that the character of wisdom can develop optimally.

Interpretation and Discussion: This literature review then focuses on the interpretation of the values found and their relevance in increasing the wisdom capacity of prospective counselors. The discussion in this research links various character education theories and ethical principles in counseling guidance with local values *Centhini Fiber* as

an effort to form prospective counselors who are not only technically skilled but also morally wise (Creswell, 2016).

DISCUSSION

Based on this literature review, it was found that the values in *Centhini Fiber*, such as wisdom in speaking, patience in making decisions, and the importance of empathy, are very relevant in counselor character education. *Centhini Fiber* provides moral guidance that can help prospective counselors to think more broadly and not only focus on client problems but also on values and principles that support the long-term growth of clients or counselees (Miles & Huberman, 2014). These teachings also support a holistic approach that views the client as a whole, so that prospective counselors are able to face clients with a more balanced approach. The urgency and application of the value of *centhini fiber* in forming the counselor's character can be seen below, namely

The Urgency of Guidance and Guidance Services in Forming Wisdom Character

Guidance and counseling (BK) services have a crucial role in the world of education, especially in supporting the development of students' character, including wise character or *wisdom*. Wisdom, in this context, can be defined as a person's ability to think deeply, understand various perspectives, and make decisions that consider the welfare of others (Seligman & Csikszentmihalyi, 2000). The wisdom character of counselors includes the ability to think critically, deep empathy, and the skills to make the right decisions. A wise counselor not only provides rational solutions but also prioritizes moral and social aspects, helping clients find new meaning and understanding of the problems they face. In this context, the values contained in *Centhini Fiber* can be the basis for forming a more sensitive and wise counselor (Hartanto, 2020).

The character of wisdom in prospective counselors is crucial because a counselor will face various problems experienced by clients with various backgrounds. In this case, counselors are required to not only understand clients' problems rationally, but also have the ability to respond wisely, with full empathy, and be able to provide appropriate solutions without causing negative impacts on other parties (Wibowo & Saputra, 2019). Guidance and counseling services function not only as support for students in overcoming personal problems, but also as a medium for forming moral and ethical values within

themselves (Corey, 2016). In the education of prospective counselors, the development of wise character is becoming increasingly important.

Wise prospective counselors tend to have more ethical decision-making abilities, deep empathic understanding, and self-reflection abilities that help them interact with clients effectively (Brown & Lent, 2012). The wisdom instilled through counseling services allows prospective counselors to develop a more open, empathetic and non-judgmental attitude in dealing with complex situations faced by clients (Ardelt, 2004).

In addition, guidance and counseling services that focus on building wise character in prospective counselors can encourage them to understand their professional role in society in more depth. This wise character also equips them with the ability to guide clients to find life goals and values that are meaningful for themselves (Prayitno, 2014). Thus, BK services contribute to the development of counselors who not only focus on technical aspects, but also on moral aspects that will guide them in every professional step (Rachmawati, 2021).

In his theoretical framework, Ardel (2004) emphasizes that wisdom is not just the accumulation of knowledge, but is knowledge that is applied wisely and empathetically in everyday life. This shows that prospective counselors need to be involved in reflective programs that strengthen their ethical understanding and direct them in applying wisdom in counseling services (Sunaryo, 2020). It is hoped that guidance and counseling services that are integrated with wisdom values can become the main pillar in forming the character of prospective counselors who are broad-minded and morally responsible.

Guidance and counseling are two important concepts in the field of education and personal development which have the aim of helping individuals achieve optimal development, both in emotional, social, academic and career aspects (Corey, 2016). According to Prayitno (2014), guidance is a process of providing assistance to individuals to be able to understand themselves and their environment so that they can make appropriate and responsible decisions. In guidance, the focus is on the process of developing the individual's overall potential, as well as preventing problems that may arise in the future.

This means that it can be understood that guidance and counseling services are a process of assistance provided by counselors to clients or counsees both personally, studying, socially and careerly so that they can develop optimally from KES-T to KES conditions in accordance with applicable norms. In this case, counselors can provide

guidance to prospective counselors regarding the wisdom that counselors must have in carrying out counseling services to clients or counsees so that counselors are more sensitive and wise in understanding and responding to what their counsees are experiencing.

Overall, the urgency of guidance and counseling services in forming the wise character of prospective counselors not only supports professionalism, but also becomes the foundation for maintaining the ethics and quality of counseling services that are empathetic, reflective and oriented towards the welfare of clients or counsees so that they are able to develop optimally, independently and character.

Application of Centhini Fiber Values in Counselor Character Formation.

Centhini Fiber contains various teachings that are relevant to the formation of counselor character, such as the importance of patience, calm, and respect for diversity. In the learning of prospective counselors, these values can be applied as material for reflection and moral guidance. With this approach, prospective counselors are expected to be more sensitive to clients' conditions and able to respond to every problem with high empathy (Wibisono & Rahmawati, 2021). *Centhini Fiber* is a classic Javanese literary work that is rich in moral, ethical and life philosophy teachings that can be applied in various aspects of character education, including in character formation for prospective counselors. *Centhini Fiber* contains wisdom values which include introspection, empathy, respect for differences, and awareness of the impact of individual actions on others. Deep teachings *Centhini Fiber* considered relevant for forming wise character (wisdom) in prospective counselors, which is very important in supporting their role as companions in the process of solving client problems (Suseno, 2012).

Deep values *Centhini Fiber* like *be patient* (patience), *tawakal* (dependence on the Almighty), and *shy* (ashamed of doing bad things) can help prospective counselors develop moral and ethical attitudes in carrying out their roles. By internalizing these values, prospective counselors can have a strong moral awareness, which is very important in dealing with various dilemmatic and complex situations in their work (Sardjono, 2017). In counselor education, cultivating local value-based character like this is an effort to develop counselors who are not only technically skilled, but also have a strong ethical foundation (Prayitno, 2014).

Further, inner teachings *Centhini Fiber* teaches about the importance of introspection, where a person needs to understand himself and evaluate his actions and intentions before judging or providing input to others. This introspective attitude is the basis for a counselor in maintaining neutrality and avoiding a judgmental attitude when dealing with clients (Ardelt, 2004). The value of deep introspection *Centhini Fiber* also allows prospective counselors to develop deeper empathy for clients' feelings and views, which is central to an effective counseling relationship (Corey, 2016). As for values *Centhini Fiber* on BK services, there are several steps that can be taken:

1. **Internalization of Local Wisdom Values:** Insert existing values *Centhini Fiber* as material for reflection in the guidance process. For example, the values of patience, honesty and wisdom in dealing with life's problems (Priyanto, 2019).
2. **Holistic Approach:** *Centhini Fiber* views humans as a whole, including physical and spiritual aspects. In the context of guidance and counseling, counselors can use an approach that emphasizes a balance between reason, emotion and spirituality, so that it can influence the client's overall attitude and mindset.
3. **Increased Empathy and Spirituality:** Many deep teachings *Centhini Fiber* which teaches about caring for others and self-development through spiritual contemplation. This approach helps prospective counselors develop deeper empathy for the client's condition, and is able to identify problems more sensitively (Andayani, 2021).

A study conducted by Sunaryo (2020) emphasized the importance of character education based on local wisdom, including *Centhini Fiber*, in the education of prospective counselors. This is considered capable of strengthening virtues, such as a sense of responsibility and self-control, which are very necessary in the counseling process. Apart from that, the application of local values also helps prospective counselors understand the culture and traditions that clients may encounter, so they can be more sensitive to different cultural backgrounds in counseling practice (Brown & Lent, 2012). Thus, the integration of values *Centhini Fiber* In forming the character of prospective counselors, it not only enriches their ethical aspects, but also increases their reflective and empathetic capacity. This supports the formation of counselors who are not only professional, but also have strong moral integrity and high social sensitivity in helping clients achieve better psychological understanding and well-being.

Challenges and Obstacles.

Challenges and obstacles in implementing educational programs, including character education, often arise from various internal and external factors. These factors can hinder the effectiveness of program implementation and the achievement of the educational goals that have been designed. For example, in the context of character education, one of the main challenges is the lack of understanding and strong commitment from teaching staff regarding the importance of character education based on local or cultural values (Prayitno, 2014). Without adequate understanding and commitment, efforts to integrate character values into the educational process may be difficult to realize consistently and deeply (Brown & Lent, 2012).

Another obstacle that often arises is limited time and a busy curriculum, which means that character education or guidance programs often only become additional or complementary activities. In a curriculum that is filled with various compulsory subjects, the time available for character building activities or guidance and counseling services becomes very limited (Gibson & Mitchell, 2008). This obstacle makes it difficult to instill character values in a sustainable and in-depth manner in students, especially in the context of formal education (Corey, 2016). Even though it has positive value, application *Centhini Fiber* in guidance and counseling (BK) services are also faced with several challenges. One of the main obstacles is the lack of understanding of the younger generation, including prospective counselors *Centhini Fiber* itself. Apart from that, the meaning of local wisdom values is often not well integrated into the counseling guidance curriculum in prospective counselor education schools (Kusumawardani, 2022). Apart from that, another challenge is the inequality of resources, such as professionally trained educators and counselors. Human resources who are lacking or have not received special training to implement character education programs will have difficulty implementing learning activities oriented towards developing students' character values (Winkel & Hastuti, 2006). This inequality of resources is more often experienced by schools in remote areas or schools with limited access to training support (Prayitno, 2014).

Based on the explanation above, it can be explained that the challenges and obstacles in implementing character education programs require careful planning, special training for teaching staff, as well as support from various parties so that character education can be implemented optimally. Thus, this program can help achieve the goal of forming the desired character in students.

COUCLUSION

The urgency of implementing values *Centhini Fiber* BK services play an important role in forming the wisdom character of prospective counselors. Through the literature review method, this research shows that the local values contained in *Centhini Fiber* can enrich prospective counselors' moral insight and strengthen their wise character. Apart from that, by understanding and applying local wisdom, prospective counselors can develop critical thinking skills, have high empathy, and be wise in dealing with various client or counselee problems. This approach can be an innovative alternative in guidance and counseling services that not only prioritizes technical aspects, but also high ethics and morals in guiding clients and is able to produce counselors who are not only academically competent, but also have strong character and are rooted in values. the value of local wisdom.

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